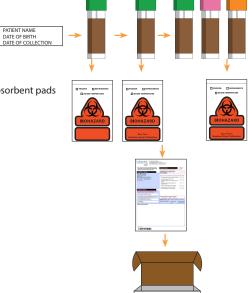
#### FINAL PREP AND SHIPPING

- 1. Record the date of collection and stool consistency (refer to chart), or Day 3 Collection, on the Test Requisition Form
- **2. Place** biohazard bags with tubes in the outer collection box.
- 3. Provide payment information.
- **4. Place** the test requisition form in the box.
- 5. Follow the enclosed shipping instructions.
- 6. Refrigerate until packaged for shipping. No cooling or expedited shipping required.

#### RETURN CHECKLIST

- · All Tubes with Peel and Stick Labels with Patient's Full Name, Date of Birth, and Date of Collection
- 3 GREEN-TOP TUBES
- ORANGE-TOP TUBE
- PINK-TOP TUBE
- CLEAN TUBE
- SWAB TUBE WITH SWAB INSIDE
- TEST REQUISITION
- · All specimens inside biohazard bags with absorbent pads
- · All materials inside Genova Box



**Consistancy of Stool Sample Chart** 

Hard/Constipated

Loose Stool

Watery/Diarrhe

#### SHIP THE SPECIMEN(S) TO THE LAB

Specimen(s) must be returned in the Genova Diagnostics box.

Please refer to the shipping instruction insert found in your collection box.



Call +44 (0)20 8336 7750 or visit our website at www.gdx.net/uk

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# GI Effects Stool Profiles 3-Day Stool Collection Instructions

For Tests #2200, #2205, #DIG02, #DIG04

## **START HERE ↓**

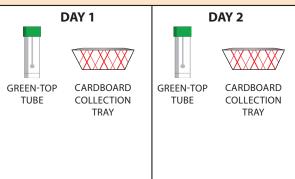
Test prep, can be found at www.gdx.net/giprep

Shipping Notice: Ideally, finish collection and ship on Monday through Thursday.

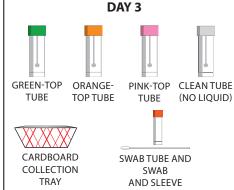
UK holidays can affect shipping times.



### COLLECTION MATERIALS - KEEP OUTER BOX FOR SHIPPING TO LAB



- GLOVE
- ABSORBENT PAD
- BIOHAZARD BAG
- PEEL AND STICK LABEL
- GLOVE
- ABSORBENT PAD
- BIOHAZARD BAG
- PEEL AND STICK LABEL



- GLOVE
- ABSORBENT PAD
- BIOHAZARD BAG
- PEEL AND STICK LABEL

### **CAUTION:** Tubes contain poisonous liquid. KEEP OUT OF REACH OF CHILDREN.

• Tubes are under pressure. Cover tube cap with a cloth and remove cap slowly. In case of eye contact, flush with water for 15 minutes. In case of skin contact, wash with soap and water. In case of ingestion, contact poison control center immediately.

#### PEEL AND STICK COLLECTION LABELS

Fill and complete the sticky labels with your name, DoB and collection date, attach to the tubes.

Do not write on the tubes.

## **TEST REQUISITION FORM - RETURN WITH SHIPPING BOX**

Complete all sections using the paper form included



## **VERY IMPORTANT**



**Wait at least 4 weeks** from colonoscopy or barium enema before starting the test.



**Do Not Collect** if there is active bleeding from hemorrhoids or menstruation.



**Medications** can impact results. Check with your clinician.

## 2-4 WEEKS BEFORE



**Discontinue** antibiotics, antiparasitics, antifungals, probiotic supplements (*acidophilus*, etc.).



14 DAYS BEFORE

If your clinician ordered the *H. pylori* test, discontinue proton pump inhibitors (PPIs), and bismuth.



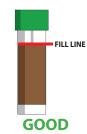
2 DAYS BEFORE

**Discontinue** aspirin and other NSAIDs (i.e. ibuprofen), rectal suppositories, enemas, activated charcoal, bismuth, betaine HCL, digestive enzymes, antacids, laxatives, mineral oil, castor oil, and/or bentonite clay.

## **VERY IMPORTANT**

#### DO NOT UNDERFILL

**Make** sure the liquid and stool reach the **FILL LINE.** Failure to do so may result in sample rejection





## **NOTE: IF YOU SEE A WORM**

**Do not add to a stool collection tube,** instead **place** it in **GREEN-TOP TUBE WITHOUT** scooping additional stool. A worm can also be placed in a clean glass jar with rubbing alcohol. **Do not add** additional stool to the jar. **Write WORM** on the requisition and on the tube or jar. **Do not mix and mash** sample if there is a worm inside. **Do not shake tube** if there is a worm inside.

## **BEGIN STOOL COLLECTION- PATIENT**

# **DAY ONE**



- 1. Put on the glove.
- **2. Collect** your stool sample using the enclosed collection tray.
- DO NOT let urine or water from the toilet get into the sample

#### **GREEN-TOP TUBE:**

- **3. Transfer** stool sample into the tube using the built-in scoop.
- 4. Collect from different areas of the sample.
- **5. Mix** the sample with the liquid in the tube until it is as smooth as possible.
- 6. Screw the cap on tightly. Shake tube for 30 seconds.
- **7. Place** in biohazard bag and refrigerate.
- 8. Refrigerate tube until ready to ship. DO NOT FREEZE.
- **9. Dispose of remaining sample** into toilet and put collection tray and glove in **trash.**





## **DAY TWO**



Follow DAY 1 INSTRUCTIONS using the GREEN-TOP TUBE

## Follow DAY 1 INSTRUCTIONS using the contents of the DAY 3 bag

## **DAY THREE** • GREEN-TOP TUBE



- ORANGE-TOP TUBE
- PINK-TOP TUBE
- **CLEAN TUBE** Note: There is no liquid in the CLEAN TUBE.

#### **SWAB COLLECTION**

- **1. Open** the swab package, and place the tube upright.
- 2. Leave the swab in the sleeve until you are ready to collect sample.
- **3. Grasp** the swab above the middle notch.
- 4. Collect sample by inserting the tip of the swab into the stool sample and rotate it.
- **5. Make** sure that the swab tip is evenly coated with stool. If not, repeat. **Do not "spoon"** the specimen with the swab.



- **6. Mash** and **mix** the swab tip against the side of the tube.
- 7. Break the swab at the notch. Screw the cap on tightly.
- **8. Place** in the biohazard bag with the other Day 3 samples. **Dispose of remaining sample** into toilet and put collection tray and glove in **trash.**

