

CHECKLIST (PRIOR TO SHIPPING)

1. Blood Tube - Refrigerated

- Patient's First and Last Name and Date of Birth written on the tube label
- The tube is tightly closed
- K2- EDTA blue-top tube wrapped with absorbant pad placed in biohazard bag and placed in box

2. Test Requisition Form with Payment

- Test Requisition Form is complete **Test is marked, Patient's first and last name, date of birth, gender, and date of collection** are recorded

SHIP THE SPECIMEN(S) TO THE LAB

Specimen(s) must be returned in the Genova Diagnostics provided packaging. Please refer to the shipping instruction insert provided within the test kit. Plan to return your samples by overnight delivery to arrive next day between Monday and Thursday.



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Call 020.8336.7750 or visit our website at www.gdx.net/uk

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ELEMENTAL ANALYSIS SPECIMEN COLLECTION INSTRUCTIONS

CLINICIAN BLOOD DRAW INSTRUCTIONS

Elemental Analysis NUTRITIONAL

The following test(s) can be collected using these instructions:

Elemental Analysis NUT10



Test may not be processed without this information:

Test Requisition Form



Please Provide:

- Patient's First/last Name
- Date of Birth
- Gender
- Date of Collection

All Tubes



Please Label:

- Patient's First and Last Name
- Patient's Date of Birth

Specimen Blood

Additional Materials

- Biohazard Bag with Absorbent Material
- Test Requisition Form
- Mailing Box
- Return Address Label
- Security Seal

Collection Materials for Blood



K2-EDTA
blue-top tube

If any of the items are missing or expired, call the laboratory on 020 8336 7750.

IMPORTANT PREP BEFORE SAMPLE COLLECTIONS

- Schedule the patient accordingly

MEDICATIONS MAY IMPACT RESULTS:



Discontinuation is at the discretion of the physician if medically appropriate

4 DAYS BEFORE THE TEST:



- If medically appropriate, non-essential medications, supplements, and nutrient fortified foods/ beverages should be discontinued

24 HOURS BEFORE THE TEST:



- Patient should avoid seafood

NIGHT BEFORE THE TEST:



- Patients must fast overnight prior to the blood draw

For more details, please visit www.gdx.net/tests/prep

BLOOD COLLECTION

Please collect the tube in one session. Label the tube with the patient's first and last name and date of birth.

- 1** Before venipuncture, thoroughly wash the skin area with isopropyl alcohol, using two successive swabs of clean, sterile cotton. **Do not use iodine or mercury-based disinfectants/antiseptics.** Extra cleaning of the skin is important for accurate trace element analysis. **Use only stainless steel needles, with no aluminum or other metal crimp ring.**
- 2** DRAW BLOOD
- 3** BLOOD PROCESSING



K2-EDTA BLUE-TOP TUBE

Gently invert the tube 10 - 15 times

Refrigerate no more than 4 days prior to shipping

RETURN TO LAB