

Step 3:

Returning The Samples To The Laboratory

Samples must be returned to Genova Diagnostics by overnight delivery to arrive next day.

For UK mainland patients only: Genova Diagnostics recommends using the enclosed courier collection service, or alternative e.g.: Royal Mail, Special Delivery. The mailing envelope is not pre-paid.

For patients outside of the UK: please arrange an international courier such as FedEx, DHL, UPS.

Please note: the laboratory is closed at weekends. Samples should not be in transit over the weekend: please arrange for samples to be sent overnight and to arrive no later than Friday.

- Plan to return the samples **Monday – Thursday by overnight delivery only.**
- Make sure the tubes are tightly closed and identified with completed labels. **Failure to complete the labels correctly will result in the samples being rejected.**
- Put the tubes in the plastic tube holder with the absorbent paper and seal securely inside the biohazard bag.
- Place the Biohazard bag in the silver pouch with the frozen freezer brick.
- Place the sealed silver pouch inside the mailing envelope with your completed and signed requisition form.
- Seal the envelope.
- Once posting/couriering of samples has been arranged, keep any tracking numbers issued by Royal Mail / courier for future reference.

Essential and Metabolic Fatty Acids

Instructions for Blood Collection



Check Your Kit

- A - 2 EDTA lavender-top tubes
- B - 1 Plastic tube holder with absorbent paper
- C - 1 Bleed kit (needle, holder, wipe, spot plaster)
- D - 1 Biohazard bag
- E - 1 Gel freezer brick
- F - 1 Silver pouch
- G - 1 Requisition (to be completed and signed)
- H - 1 Mailing envelope

- If any of the items are missing or expired, call the laboratory on 020 8336 7750.
- The appearance of the above kit components are for illustration use only and actual contents may vary slightly from that shown.

Step 1:

FOR THE PATIENT:

Schedule & Prepare for the blood draw

- **Patients must fast overnight** (at least 12 hours) prior to the blood draw (drink water only).
- **Eat only light meals the day before.**
- **Freeze the enclosed gel freezer brick** for a minimum of 4 hours before returning samples to the laboratory.
- **Please note:** equipment provided is for the use of a qualified phlebotomist / doctor / nurse only.
- Arrange to have the blood drawn on Monday - Thursday, for returning to the laboratory by next day delivery, **to arrive by Friday morning.**
- **Please note:** samples must be received within 24 hours of collection. The laboratory is closed at weekends and samples should not be in transit over the weekend.
- **Complete the requisition form** with all the patient and payment information. Be sure it is signed by the patient / responsible party in the box labelled 'Final Sample Date / Time'.

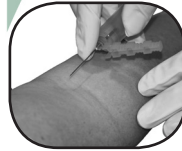
Step 2: *For Clinician Use Only*

Blood Draw

Not following these instructions may affect the test results.



- 1 Write the patient's full name (first AND last), date of birth, and time and date of collection** on each tube.



- 2 Draw blood** to fill both Lavender top tubes.



- 3 Mix blood samples thoroughly** by gently inverting the tubes three times. Do not shake.



- 4 Place the lavender top tubes** into the plastic tube holder with the absorbent paper and seal securely inside the biohazard bag. If unable to send it immediately, store the Biohazard bag in a refrigerator. **DO NOT FREEZE.**