

## ENSURE THE FOLLOWING:

- Labels completed with patient's first and last name and date of collection are on all tubes as well as the test requisition form

### All tubes:

- Are tightly closed
- Sealed in the biohazard bag with absorbent pad
- Refrigerated until packaged for shipping

### All required information:

- All sections of **test requisition form** completed
- Payment information provided**
- All tubes and associated forms** placed back in the original Genova sample collection pack box prior to shipping (failure to do so may result in your samples being returned)

## SHIP THE SAMPLE(S) TO THE LAB

**Ship only Monday through Thursday, and within 24 hours after final collection.**

Please refer to the shipping instruction insert found in your Genova sample collection pack box.

## 1 or 3 DAY COLLECTION

### PATIENT SAMPLE COLLECTION INSTRUCTIONS FOR THE FOLLOWING PROFILE(S)

<b>GI Effects Gut Pathogen Profile*</b>	Stool	#2207
<b>Comprehensive Parasitology Profile</b>	Stool	#DIG05

### COLLECTION MATERIALS FOR SAMPLE



ORANGE-TOP  
C & S TUBE



GREEN-TOP  
SAF TUBES (3)



FECAL SWAB  
AND TUBE



COLLECTION  
DEVICE

- **CAUTION: Tubes contain poisonous liquid. KEEP OUT OF REACH OF CHILDREN.**
- Tubes are under pressure. Cover tube cap with a cloth and remove cap slowly.
- For eye contact, flush with water for 15 mins.
- For skin contact, wash with soap and water.
- For ingestion, contact poison control center immediately.

### REQUIRED MATERIALS

- Disposable gloves (3)
- Test requisition form
- Absorbent pads
- Biohazard bags
- Genova sample collection pack box

### IMPORTANT INFORMATION BEFORE YOU BEGIN THE COLLECTION

- Test not recommended for patients under 2 years of age.
- **Wait at least 4 Weeks** from colonoscopy or barium enema before starting the test.
- Please consult with your physician before stopping any medications. Certain medications and/or supplements may impact test results.
- **2 to 4 Weeks Before the Test:**
  - » Discontinue antibiotics, antiparasitics, antifungals, probiotic supplements (acidophilus, etc.).
  - » Discontinue proton pump inhibitors (PPIs), and bismuth **14 Days prior if adding on the H. pylori test.**
- **2 Days Before the Test:**
  - » Discontinue aspirin and other NSAIDs (i.e. ibuprofen), rectal suppositories, enemas, activated charcoal, bismuth, betaine HCL, digestive enzymes, antacids, laxatives, mineral oil, castor oil, and/or bentonite clay.
- **DO NOT collect samples** when there is active bleeding from hemorrhoids or menstruation.
- Before collecting your specimen refer to the shipping instruction to determine what day you can ship.  
**Ship only Monday through Thursday, and within 24 hours after final collection.**

## COLLECTION

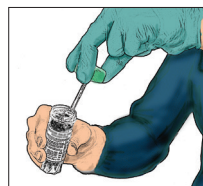
- 1 **Completely fill out** front and back of test requisition form using the **included form**. Failure to provide all information will result in delay of test processing.

Unless otherwise instructed by your clinician, please follow the instructions for a 3-day test.

- 2
  - If you are taking a **3-day test perform all steps below.**
  - If you are taking a **1-day test only follow instructions for day 3, using the tubes in the day 3 bag.**

## STOOL COLLECTION DAY ONE

- 3 **Put on** the glove.
- 4 **Collect** your stool sample using the enclosed collection container. **DO NOT contaminate** the sample with either urine or water from the toilet.
- 5 **GREEN-TOP TUBE:** **Remove** the cap. **Transfer** stool sample into the tube using the built-in scoop. **Collect** from different areas of the sample. **Mix** the sample with the liquid in the tube until it is as smooth as possible. **Make sure** that the liquid and sample do not exceed the **FILL LINE**. **DO NOT OVERFILL**. **Screw** the cap on tightly. **Shake** tube for 30 seconds.



**NOTE:** If a worm is seen, **DO NOT place** it in tube with stool. Instead **place** it in **GREEN-TOP TUBE WITHOUT** scooping additional stool. Alternatively, a worm can be placed in a clean glass jar with rubbing alcohol, with no additional stool added to jar. Make note on requisition form that a worm was seen and write **WORM** on the tube. **Do not mix and mash** sample if there is a worm inside. **Do not shake tube** if there is a worm inside.

- 6 **Write your first and last name, and date of collection on tube label.** Place in biohazard bag and refrigerate. **Refrigerate** tube until ready to ship. **DO NOT FREEZE.**

- 7 **Dispose of remaining sample** into toilet and dispose of collection container and glove.

## STOOL COLLECTION DAY TWO

- 8 **Follow Steps 3 through 6** using the contents of the DAY 2 bag including the **GREEN-TOP TUBE.**

- 9 **Dispose of remaining sample** into toilet and dispose of collection container and glove.

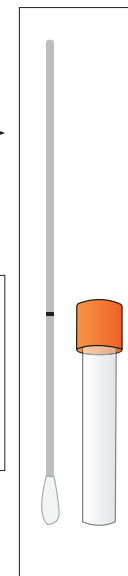
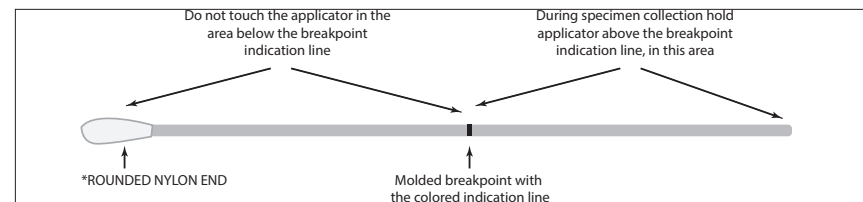


**BLENDED SAMPLE & PRESERVATIVE CANNOT EXCEED THE RED FILL LINE**

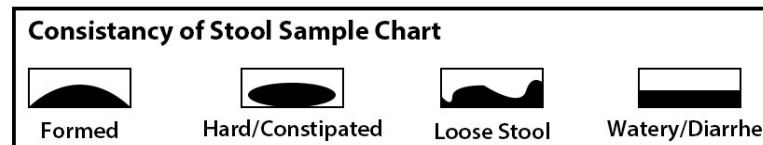
## STOOL COLLECTION DAY THREE

- 10 Repeat **STEPS 3 through 6** with **GREEN-TOP TUBE** and the **ORANGE-TOP TUBE.**
- 11 **Peel open** swab package, **remove** the tube, and place it upright. The swab should remain in the sleeve until you are ready to collect sample.

- 12 **Grasp** swab above the molded breakpoint which is the opposite end from the nylon applicator tip. (see diagram below)



- 13 **Collect** sample by inserting the **ROUNDED NYLON END\*** (see above) of the swab into the stool sample and **rotate** it. **Confirm** that the swab contains fecal material. If not, repeat.
- 14 **Open** the swab collection tube and insert the swab. **Mash** and **mix** the rounded nylon end of the swab with stool on it against the side of the tube.
- 15 **Break** the swab off at the break point. **Place** the screw cap on the tube and **tighten**. **Shake** the tube. Using the peel and stick label, **write** patient's date of birth on the label and apply to the swab tube.
- 16 **Record the date of collection, stool consistency** (refer to chart below), and **stool color** for **Day 3 Collection only**, on the Test Requisition Form in the sample consistency, sample color, and collection date areas.



- 17 **Dispose of remaining sample** into toilet and dispose of collection container and glove.

- 18 **Place** all tubes in the biohazard bag and refrigerate. **Refrigerate** until ready to ship. **DO NOT FREEZE.**